

Circle of Security®-Informed Training & Certification

by internationally recognized Professor Bob Marvin -
co-developer of The Circle of Security® Intervention.

Day I: June 10th

Day II: July 7th

Day III: July 8th

Day IV: July 29th

Time: 9am - 4pm (with one hour lunch break)

Location: Ainsworth Attachment Clinic - 914 East Jefferson Street - Charlottesville

Cost: \$150 per person per day **Deadline:** payment must be received by Friday April 1st

Payment Method: Checks only, made payable to: The Circle of Security Network
914 E Jefferson St, Charlottesville, VA 22902

Please contact Abby Sorrells by email to register: abby@theattachmentclinic.org

For more information call 434-984-2711

Circle of Security Certification information next page.



Robert S. Marvin, Ph.D. Director, The Ainsworth Attachment Clinic and Circle of Security® Network & Professor Emeritus, The University of Virginia School of Medicine Research Professor, Department of Psychology, The University of Virginia

Dr. Bob Marvin is a child and family clinical psychologist and research scientist who has been working with young children since he was an undergraduate. His specialty is children and their caregivers where there has been a disruption in the child's family relationships during the early years of the child's life: separation of the child's parents, maltreatment by caregivers, and children in the foster care or adoption systems. He is currently Professor Emeritus in the School of Medicine and Research Professor in the Department of Psychology. He is also the founder and director of the Ainsworth Attachment Clinic and Circle of Security® Network in Charlottesville, Virginia. Throughout his career, Bob has been active in basic and clinical attachment research, and research with families who have children with chronic medical conditions and/or histories of problematic or disrupted early relationships. With a variety of colleagues, he has developed and tested numerous attachment-related procedures that are used in basic and clinical research, and in clinical practice. He has written and co-authored more than 75 articles, books, and film documentaries on this work.



THE AINSWORTH ATTACHMENT CLINIC AND *The Circle of Security*® NETWORK

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CERTIFICATION CRITERIA CIRCLE OF SECURITY® ATTACHMENT THERAPIST AINSWORTH CLINIC COS MODELS®

Bob Marvin, Ph.D. Charlottesville, Virginia USA

Overview

The Circle of Security® intervention is a specific protocol intended to be used by an experienced clinician. It is expected that the clinician will already have his or her own approaches to formulating a description of the parent's strengths, high-risk defensive patterns, image of self, and/or of spouse, co-parenting and family interaction patterns. The Circle of Security® (COS) model is used as an overall guide and provides the basic format for the intervention, supervision, and certification.

CIRCLE OF SECURITY INTERVENTION CERTIFICATION OUTLINE

Depending on the level of prior Circle of Security® (COS) training, length of time since completion of COS training/orientation, participant's clinical experience/ability, and other considerations, additional consultation sessions may be required prior to beginning the COS certification process. Consultation/supervision expectations are outlined within each Level and may be completed with an individual or with a group of up to 6 participants.

Certification at any level is based on the demonstration of competence, rather than the count of COS training, supervision, and/or intervention activities completed. In learning the protocol, the clinician, with the help of the supervisor, is responsible for implementing the protocol as described in the intervention manual. The clinician should demonstrate good beginning competence in these criteria, sufficient to conduct the intervention without supervision, but is not expected to reach expert status in each of these criteria upon certification. Certification then sets the stage for steady progress on a trajectory toward expertise. Use of some of the COS materials will require a license agreement. Certification at Levels 2 and 3 will require periodic review, recertification, and/or license update.

Level 1: COS-INFORMED FRAMEWORK

Participant will attend consultation with a Certified COS Supervisor approximately every other week for a minimum of 10 consultation sessions. Certification for Level 1 is expected to be completed within 6 months to a year. Completion of Phase 1 will prepare the individual to understand the Circle map from an attachment framework and to integrate the Circle concepts within their own therapeutic or professional response to clients.

Level 1: COS-INFORMED FRAMEWORK (continued)

Completion of the above requirements would prepare the individual to:

1. Integrate the COS framework into his/her intervention framework
2. Use Circle Map and use Circle terms in their work

Completion of the above requirements would NOT allow the individual to:

1. Identify self as a COS-Informed or Certified COS Therapist
2. Claim/advertise/state that s/he is conducting Circle of Security-Informed Therapy or Circle of Security[®] Certified Therapy

Level 2: CIRCLE OF SECURITY- INFORMED THERAPIST CERTIFICATION

(Certification requires completion of both Parts A & B)

To enter into consultation toward this certification level, the participant must attain satisfactory completion of COS Level 1; a set of “refresher” consultations may be required if Phase 1 was completed more than 3 months prior. In order to become Certified as a COS-Informed Therapist, the participant must be a licensed or licensed-eligible therapist.

Level 2 – Part A: COS supervisor will present & teach case conceptualization and treatment intervention using COS framework

Participant will attend consultation with Certified COS Supervisor approximately every other week for a total of 10-12 consultation sessions to be completed within a calendar year.

Throughout this portion of training, the COS Supervisor presents COS concepts regarding participant cases while the participant makes use of COS graphics, COS videos, and COS concepts to monitor shifts and changes in the parent-child relationship.

Participant must complete Part A and B in order to gain the benefits of COS-Informed Therapy Certification.

Level 2 - Part B: Participant is actively involved in developing COS capacities around case conceptualization and treatment intervention

Participant will attend consultation with Certified COS Supervisor approximately every other week with Phase to be completed within a calendar year and must be started within 6 weeks of completion of Part A. Certification may be expected to be completed following approximately 5-10 consultation sessions. During this phase, the therapist will begin to consolidate COS assessment and COS intervention concepts and strategies. This will allow them to monitor and enhance parents' capacities to identify and to respond to a variety of individual needs around the Circle.

Completion of the above requirements (Level 2 A & B) allows the individual to:

1. Claim/advertise/state that s/he is conducting Circle of Security-Informed Therapy
2. Use specified COS videos, COS assessment and intervention materials, and apply Circle concepts in Circle-Informed therapy

Completion of the above requirements would NOT allow the individual to:

1. Identify self as a Certified Circle of Security[®] Therapist
2. Claim/advertise/state that s/he is conducting Circle of Security[®] Certified Therapy

Level 3: Certified COS Attachment & Relationship Therapy

Participant will attend consultation with Certified COS Supervisor regarding multiple COS-Informed cases approximately every other week. Level 3 Certification should be completed within a calendar year and started within 6 weeks of completion of Level 2 Certification. Certification is based on the demonstration of competence, rather than the count of COS cases or groups completed but, experience suggests that certification may be achieved following consultation for 2-3 cases. At this Level, the participant will demonstrate successful implementation of Phases 2-6 of the COS Intervention protocol. The therapist will utilize the full scope of COS intervention concepts and methods to initiate, monitor, and support shifts in and maintenance of the parent's capacities to respond to both clear cues and miscues within an attachment relationship.

Completion of the above requirements allows the individual to:

1. Claim/advertise/state that s/he is conducting Circle of Security[®] Certified Therapy
2. Utilize specified licensed COS graphics, assessment and intervention tools, videos, and apply Circle concepts for use in COS therapy

Completion of the above requirements would NOT allow the individual to:

1. Sell or distribute any licensed COS materials except for the specific use in Certified COS therapy cases
2. Provide COS training to individuals, agencies, or organizations unless permission is explicitly granted in writing by the Circle of Security[®] Network
3. Conduct COS Attachment/Trauma Evaluations (Phase 1 of the COS Intervention Protocol)