



THE AINSWORTH ATTACHMENT CLINIC AND *The Circle of Security*® NETWORK

914 East Jefferson St., Suite 202, Charlottesville, VA 22902
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Pro-Bono Circle of Security Parent Education Group

The Ainsworth Attachment Clinic, in partnership with Valley Hope Counseling, will be conducting a

12-week COS Parent Course

August 15th – October 24th, 2016

Group Facilitators: Led by COS therapist Lisa A. Reo, MA and Tija Krneta, MA in Counseling student.

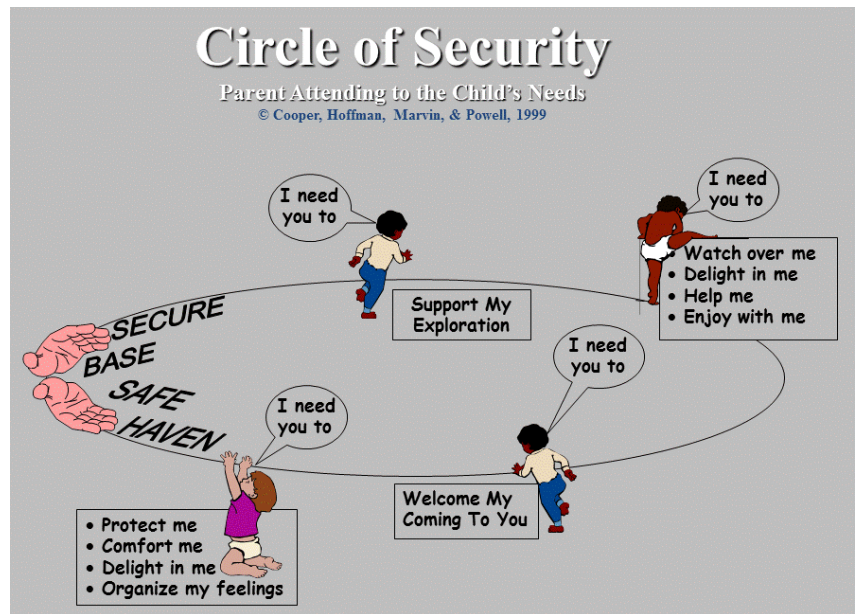
Location: United Way, 24 Idlewood Blvd #106, Staunton

Group Description: An active experience that engages hearts and minds; for parents desiring:

- A greater understanding of children's emotional and relational needs;
- Knowledge of the ways in which trauma disrupts attachment bonds and interferes with parents being the kind of parents they want to be;
- To repair and strengthen attachments with their children;
- To practice in applying the Circle of Security to real-life situations;
- To develop an even stronger and more secure relationship with their children.

Course Structure:

- Monday meetings from 5:30pm to 7:30pm.
- Ten week weekly sessions Aug. 15 - Oct. 24 (except on Labor Day).
- Regular participation is required.
- Two follow-up sessions on Nov. 14th and Dec. 5th.
- Beneficial for caregivers of children at any age.



To register, please contact:

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